

D.A.S.H. Weekly

October 6, 2008

Swimmer of the Week

Swimmer of the Week selections are determined by practice & meet attendance, practice & meet performance, and attitude. For the week of September 29, they are:

GREEN – Has not started
BRONZE – Has not started
BLUE – Has not started
SILVER – Alice Tsui
GOLD – Jordan Huff

Officiating Clinic – Saturday, Oct. 18

Anyone interested in becoming a USA Swimming certified official, there will be a certification clinic on Saturday, October 18th, 9 a.m. – Noon at the San Jose Pool. For more information, contact Al Schroeder (al.schroeder@rsmi.com).

Practice Schedule

Week of October 6;

GOLD 6:30 – 8:30 p.m., M-Th
5:30 – 7:30 p.m., Friday
7 – 9 a.m., Saturday
SILVER 6:30 – 8:30 p.m., M-Th
5:30 – 7:30 p.m., Friday

Week of October 13;

GOLD 6:30 – 8:30 p.m., MWTh
NO Practice on Tuesday
– Wahlert home swim meet
5:30 – 7:30 p.m., Friday
7 – 9 a.m., Saturday
SILVER 6:30 – 8:30 p.m., MWTh
NO Practice on Tuesday
– Wahlert home swim meet
5:30 – 7:30 p.m., Friday
BRONZE 6:30 – 8 p.m., MWTh
NO Practice on Tuesday
– Wahlert home swim meet
6 – 7:30 p.m., Friday
BLUE 6:30 – 8 p.m., MWTh
NO Practice on Tuesday
– Wahlert home swim meet
5:30 – 7:30 p.m., Friday
GREEN 6:30- 7:45 p.m., MWThF
NO Practice on Tuesday

– Wahlert home swim meet

Poinsettia Packets

DASH Families:

It's that time of year again – Poinsettia time! Packets for families that sold last year will be available at registration this week on Monday and Tuesday. If you didn't need to fundraise last year, but need to this year, there are extra blank packets available for you to take and use.

Gold and Silver swimmers, please stop upstairs and pick up your family packet tonight or tomorrow night.

If you forget to, we will put it in your mailboxes on Wednesday. If you didn't sell last year and want to, send me an email and I will get a packet into your mailbox.

At this point, any questions regarding poinsettias can be directed to Vickie Huff or Deb Schroeder.

Thanks!

Vickie Huff

580-8163

vhuff@holyfamily.dbq.pvt.k12.ia.us

GET IT ON YOUR SCHEDULE!

Sunday, November 2nd will be an important day for this season.

We will be taking team pictures, holding a mandatory parent meeting, and our fall team intra-squad meet. Plan to be here around 4 p.m. Details will be available at registration.

Season Team Registration

TONIGHT & TOMORROW!!!!!!

Registration for Green, Blue, & Bronze will be held on Monday, Oct. 6 & Tuesday, Oct. 7, 6 – 8 p.m., here at the pool.

Not only will we continue to offer first time members the discounted rate, but we are also extending an offer to try us free, for two weeks. SO, get your friends here and let's BUILD OUR TEAM!!!!!!

Swim Meet Hotel Info

If anyone needs hotel accommodations, please contact; Ruth Smith at 800-373-1235 or ruth@rrtravel.biz.

Also, as we progress through the season, Ruth will be handling our team reservations for 12 & Under State, Senior State, and Speedo Sectionals.

Swim Meet – Entry Deadlines, & Info

Deadline

Meet

Who

<u>Date</u>	<u>(Meet Date)</u>	<u>Attends?</u>
Thurs., Oct. 22	BLST IMX Challenge (Oct. 26)	SI & GO
Sun., Nov. 2	DASH Team Intra-squad (Nov. 2)	ALL!!!
TBA	DMSF (Nov. 14 – 16)	State Q's
Thurs., Oct. 30	MN Toyota Grand Prix (Nov. 14 – 16)	Meet Q's
TBA	CRAA (Nov. 22 & 23)	NON-Q's

USA Swimming
Iowa Swimming
DASH website

www.usaswimming.org
www.isiswim.org
www.teamdash.org

Contacting Coach Doug

Office Phone: (563) 588-7525
Cell Phone: (563) 543-1105
E-mail: Douglas.Colin@loras.edu

Contacting Coach Tasia

Cell Phone: (641) 680-1057
E-mail: anatanianicole@gmail.com

Contacting Coach Jake

Cell Phone: (563) 599-8892
E-mail: jacob.gantenbein@gmail.com

Other Swimming Links

MEET RESULTS

No results to report at this time.