

D.A.S.H. Weekly

October 13, 2008

Swimmer of the Week

Swimmer of the Week selections are determined by practice & meet attendance, practice & meet performance, and attitude. For the week of October 6, they are:

GREEN – Has not started
BRONZE – Has not started
BLUE – Has not started
SILVER – Alice Tsui
GOLD – Jordan Huff

Officiating Clinic – Saturday, Oct. 18

Anyone interested in becoming a USA Swimming certified official, there will be a certification clinic on Saturday, October 18th, 9 a.m. – Noon at the San Jose Pool. For more information, contact Al Schroeder (al.schroeder@rsmi.com).

Practice Schedule

Week of October 13;

NO practice for any group on Tuesday evening, Oct. 14th, due to a Wahlert HS meet.

GOLD 6:30 – 8:30 p.m., MWTh
NO Practice on Tuesday
– Wahlert home swim meet
5:30 – 7:30 p.m., Friday
7 – 9 a.m., Saturday

SILVER 6:30 – 8:30 p.m., MWTh
NO Practice on Tuesday
– Wahlert home swim meet
5:30 – 7:30 p.m., Friday

BRONZE 6:30 – 8 p.m., MWTh
NO Practice on Tuesday
– Wahlert home swim meet
6 – 7:30 p.m., Friday

BLUE 6:30 – 8 p.m., MWTh
NO Practice on Tuesday
– Wahlert home swim meet
5:30 – 7:30 p.m., Friday

GREEN 6:30- 7:45 p.m., MWThF
NO Practice on Tuesday
– Wahlert home swim meet

Week of October 20;

GOLD 6:30 – 8:30 p.m., M-Th
5:30 – 7:30 p.m., Friday

7 – 9 a.m., Saturday
SILVER 6:30 – 8:30 p.m., M-Th
5:30 – 7:30 p.m., Friday
BRONZE 6:30 – 8 p.m., M-Th
6 – 7:30 p.m., Friday
BLUE 6:30 – 8 p.m., M-Th
5:30 – 7:30 p.m., Friday
GREEN 6:30- 7:45 p.m., M-F

Team Suits, shirts, sweats, etc...

Jan Pape will be on the upper balcony in the pool area tonight, if anyone wants to order team suits or other DASH wear.

Prices:

Team Suits –
Girls \$55
Boys Jammers \$40
Boys Briefs \$35

ORDER DEADLINE for suits – Wednesday, November 5th

Team swim caps \$5
AVAILABLE from coaches, at practice and meets.

T-shirts \$10
Long sleeve t-shirts \$12
Crewneck sweatshirts \$18
Hooded sweatshirts \$26
Sweatpants \$17
Cotton Shorts (ladies) \$14
Dazzle Shorts (men) \$16
Featherlite Polo \$27 (embroidered)
Anvil Ladies fit –T-shirt \$10
Ladies Zip-up Sweatshirt \$26

The clothing items can be personalized with your name for \$3.

ORDER DEADLINE for clothing – Monday, October 20th

Poinsettia Packets

DASH Families:

It's that time of year again – Poinsettia time!
Packets for families that sold last year will be available at registration this week on Monday and Tuesday. If you didn't need to fundraise last year, but need to this year, there are extra blank packets available for you to take and use.

Gold and Silver swimmers, please stop upstairs and pick up your family packet tonight or tomorrow night.

If you forget to, we will put it in your mailboxes on Wednesday. If you didn't sell last year and want to,

send me an email and I will get a packet into your mailbox.
 At this point, any questions regarding poinsettias can be directed to Vickie Huff or Deb Schroeder.
 Thanks!
 Vickie Huff

580-8163
vhuff@holymfamily.dbq.pvt.k12.ia.us

GET IT ON YOUR SCHEDULE!

Sunday, November 2nd will be an important day for this season. We will be taking team pictures, holding a mandatory parent meeting, and our fall team intra-squad meet. Plan to be here around 4 p.m. Details will be available at registration.

Season Team Registration

What a turnout!!!!!! We'll have MANY new faces in the pool starting tonight.

Welcome, new families. And, please, if you have any questions, please talk to a coach or "veteran" team family.

Swim Meet Hotel Info

If anyone needs hotel accommodations, please contact; Ruth Smith at 800-373-1235 or ruth@rrtravel.biz.

Also, as we progress through the season, Ruth will be handling our team reservations for 12 & Under State, Senior State, and Speedo Sectionals.

Swim Meet – Entry Deadlines, & Info

Deadline Date	Meet (Meet Date)	Who Attends?
Wed., Oct. 22	Cedar Falls IMX Challenge (Oct. 26)	SI & GO
Sun., Nov. 2	DASH Team Intra-squad (Nov. 2)	ALL!!!
TBA	Des Moines (Nov. 14 – 16)	State Q's
Thurs., Oct. 30	MN Toyota Grand Prix (Nov. 14 – 16)	Meet Q's
TBA	Cedar Rapids (Nov. 22 & 23)	NON-Q's

Meet "Codes" –
 ALL – means any team member may attend
 GO – Gold Group

MEET RESULTS

No results to report at this time.

- SI – Silver Group
- BL – Blue Group
- BR – Bronze Group
- GR – Green Group
- Q – Qualifying time
- ISI – Iowa Swimming Inc.
- State Q's – must have a State Q time to enter
- NON-Q's – may NOT have a State Q to enter a particular event

Contacting Coach Doug

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 E-mail: Douglas.Colin@loras.edu

Contacting Coach Tasia

Cell Phone: (641) 680-1057
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Contacting Coach Jake

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 E-mail: jacob.gantenbein@gmail.com

Other Swimming Links

- USA Swimming www.usaswimming.org
- Iowa Swimming www.isiswim.org
- DASH website www.teamdash.org