

Summer 2010 – Meet Schedule

May 1 & 2	Iowa City Senior “ICE Spring Meltdown” (50m)	Gold A+
15	Cedar Rapids “Spring Pentathlon” (25 yd.)	ALL
29	Team Intra-squad & Parent Meeting (25 yd.)	ALL
June 5 & 6	Iowa City “CRAA Long Course Kick-off” (50m)	State Q’s
19 & 20	Pleasant Valley “Summer Invite” (25 yd.)	Non Q’s
26 & 27	Vinton “50th Annual Invitational” (25m)	Non Q’s
26 & 27	Mason City “River City Splash” (50m)	State Q’s
July 8 – 11	Cedar Falls “Summer Sizzler” (50m)	State Q’s
16 – 18	Clinton “Stars of Tomorrow” (50m)	State Q’s
24 & 25	ISI Regional Finals – Dubuque (25 yd.)	Non Q’s
29 – 8/1	ISI Long Course State – Iowa City (50m)	State Q’s
Aug. 3 – 7	USA Swimming National Championships – Irvine, CA (50m)	Meet cuts
6 – 8	Central Zone Championships – Lincoln, NE (50m)	Meet cuts
9 – 13	USA Swimming Junior Nat’l. Champs – Irvine, CA (50m)	Meet cuts